

november tachwedd

2018

monday llun

4.30pm - 6pm

Youth: Padawans (9 - 11 years)

6pm - 8pm

Aerial Hoop Level 3

Static Trapeze Level 3

7.45pm - 9.45pm

Aerial Hoop Level 2

Aerial Hoop Level 4

Static Trapeze Level 4

tuesday mawrth

4.30pm - 6pm

Youth: Wookies (7 - 9 years)

5pm - 6pm

Youth: Ewoks (5 - 7 years)

6pm - 8pm

Supervised Training

● **7.45pm - 9.45pm**

Mixed Aerial for beginners

8 weeks 4 September – 23 October, inclusive

30 October – 18 December, inclusive

wednesday mercher

4.15pm - 6pm

Youth: Jedi Acrobatics (11 - 18 years)

● **6pm - 8pm**

Adult Acrobatics

● **8pm - 9.30pm**

Handstands

thursday iau

6pm - 8pm

Ropes & Silks Level 2

Static Trapeze Level 2

7.45pm - 9.45pm

Ropes & Silks Level 3

Ropes & Silks Level 4

Static Trapeze Level 2

friday gwener

4.15pm - 6pm

Youth: Jedi Aerial Skills (11 – 18 years)

● **6.30 – 7.30pm**

Hula Disco!

saturday sadwrn

10am - 11.30am

Youth: Wookies (7 - 9 years)

11.30am - 12.30pm

Youth: Ewoks (5 - 7 years)

12.30pm - 2pm

Youth: Padawans (9 - 11 years)

2pm - 4pm

Youth: Jedi Performance Skills (11 - 18 years)

4.15pm – 6.15pm

Youth: Jedi General Skills (11 - 18 years)

sunday sul

● **1pm - 3pm**

Flying Trapeze: Beginners & Improvers

● **3pm - 5pm**

Flying Trapeze: Beginners & Improvers

5pm - 7pm

Flying Trapeze: Intermediate & Advanced

one-off gwera unwaith

● **Flying trapeze tasters**

11am – 1pm Sun 17 November

6pm – 8pm Tue 17 December

11am – 1pm Sun 20 January

Sun 17 February

Sun 17 March

Check our website for future dates

prices prisiau

	regular	drop-in
Youth 5-7 years	£6	n/a
Youth 7-18 years	£7	£10
Aerial Classes	£11 / 9	£14 / 12
Flying Trapeze	£12 / 10	£15 / 13
Flying Trapeze Taster	n/a	£15 / 13
Handstands	£11 / 9	£14 / 12
Acrobatics	£9 / 7	£12 / 10
Hula Hoop	£5 / 4	£6

● **beginners / dechreuwyd**